



Start the new school year off
on the right foot with
these tips

Make Back to School a Breeze With Oxford Learning! For students in grades 3 to 8

After a summer away from school, the transition back to the classroom can be challenging. Once a few weeks have passed, students should be comfortable with their school routine and any back-to-school jitters should be gone.

Homework begins in earnest during the middle elementary years, so it's important to keep an eye on habits and routines that are forming. If students are having issues, whether it's not keeping up with homework, getting easily frustrated, or not liking teachers, seeking help while the school year is still new nips problems in the bud.

Tips:

- Pick out new book bags, binders and pencil cases to help students feel organized and even excited to return to class.
- Talk about what the year ahead might bring. Discuss academic strengths and weaknesses and help older elementary students identify academic goals. What would they like to accomplish this year?
- Keep an eye on how much time your child spends in front of a screen. Laptops can be great learning tools, but too much time texting, tweeting, playing video games, and watching TV can be detrimental to learning.

Some school discussion ideas for elementary school children:

- Feelings about school, teachers
- Favourite activities
- Favourite subjects
- Academic goals

Watch out for: Social Anxieties

Social pressures begin to develop during these years — it can be helpful to encourage students to participate in extracurricular activities to build friendships and confidence in the classroom. Pay attention to social anxieties and address them early on.

